

## Join our Boccia Club in Halifax!

When: Saturdays, 9:30am to 11:00am

Where: Halifax Activity Centre located on the main floor at Northwood Halifax, 2630 Gottingen Street

**Duration:** Fall session: September 20<sup>th</sup> to November 29<sup>th</sup>

Boccia is a Paralympic sport that is played recreationally and competitively. Anyone with a physical disability or mobility challenge can play. Join us for an instructive and skill building Boccia program! Whether you're new to the sport or an experienced competitor, all are welcome to participate and enjoy the fun.

## **Highlights:**

- Led by experienced volunteers
- · All equipment provided
- Great opportunity to learn and improve your skills
- Players requiring support to play the game must bring their own assistant.

## Space is limited so sign up right away:

- Email us at <u>boccianovascotia@gmail.com</u> and we'll send you a registration form
  Or
- Download a registration form from our website at: <a href="www.boccianovascotia.com">www.boccianovascotia.com</a>
- Follow Boccia Nova Scotia on Facebook, where you can watch a short video about this sport.

Don't miss out on this fantastic opportunity to get active and meet new friends!

